

Chaperone easy read





You have the right to bring a person you trust to support you through examinations or procedures



This is usually called a chaperone, and it can be a family member, friend or nurse.



Before the procedure you should be asked if you want a chaperone and your choice should be recorded.

Your doctor should explain why you need a chaperone.



You can say no to having a chaperone, but the Doctor may refuse to do the procedure unless a chaperone is present.

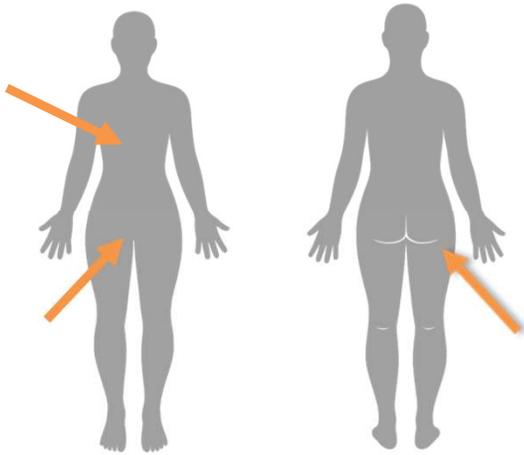


A chaperone is needed when:

- You are having a procedure or appointment that could be upsetting



- You have an appointment where you will be asked to undress



- You are having a procedure where the Doctor will have to look or touch your genitals, breasts or bottom



Some examinations can be uncomfortable. A chaperone is there to keep you safe and support you during your appointment. They also help make sure everything is appropriate.

If you would like further advice or
information, please contact- The
Learning Disability Health Facilitation
Team

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